

MY TIMES ARE IN YOUR HANDS

Date: 15 March 2026

Sermon Text: Psalm 31:15

Theme: Finding Peace in God's Sovereign Plan

INTRODUCTION

We are not in control of our times. Life often feels uncertain. King David was surrounded by enemies, misunderstood by people, and overwhelmed with distress. Fear and uncertainty were closing in on every side.

Yet in the middle of chaos, David makes one of the most profound declarations of faith in all of Scripture:

"My times are in Your hand." (Psalm 31:15)

Every moment of our life, every season, every sorrow, every victory, every unknown future, is held in the hand of God.

This is not merely poetry. This is a declaration of **divine sovereignty**. For the believer, life is not random.

Proverbs 16:33 says: **"The lot is cast into the lap, but its every decision is from the LORD."**

We see this practice in several places in Scripture:

- The land of Israel was divided by lot in *Joshua 18:10*.
- The sailors cast lots during the storm involving Jonah in *Jonah 1:7*.
- The apostles cast lots to select Matthias in *Acts 1:26*.

Human beings often speak about luck, coincidence, fate, and chance. But Scripture rejects this worldview.

The Bible teaches that God governs- the rise and fall of nations, the turning of kings' hearts, the lives of individuals, and even the casting of a lot

As Jesus Christ said in *Matthew 10:29*: “Not one sparrow falls to the ground apart from your Father’s will.”

If God governs the fall of a sparrow, He certainly governs the course of your life.

THE MEANING OF “MY TIMES”

The word “**times**” refers to the **events, seasons, and circumstances of life**.

The Christian lives under **the sovereign hand of God**. As Paul the Apostle declared in *Romans 8:28*: “All things work together for good to those who love God.”

The phrase “**work together**” is extremely important. In the original language, the verb indicates **continuous divine action**. God is actively orchestrating events. Life is not a collection of random incidents. God is **coordinating circumstances** so that even painful experiences serve His ultimate purpose.

THE DIFFERENT ‘TIMES’ IN A CHRISTIAN’S LIFE

- A. The Time of Salvation
- B. The Time of Growth
- C. The Time of Suffering
- D. The Time of Service
- E. The Time of Death

THE COMFORT OF THIS TRUTH

This truth gives the believer three powerful comforts.

1. Security

If God holds your times, no enemy can destroy you before God's plan is finished.

Refer: *Matthew 10:29-30*; *2 Timothy 1:12*

2. Peace

You do not have to control the future. God already holds it.

Refer: Proverbs 16:9, 1 Peter 5:7, Matthew 6:34

3. Confidence

The believer's life is moving toward a divine purpose.

Refer: Romans 8:28, Genesis 50:20, Philippians 1:6

THIS COMFORT IS NOT AN EXCUSE FOR LAZINESS

The Bible always holds **two truths together**:

1. **God is sovereign over our lives.**
2. **We are responsible to live faithfully and diligently.**

The Bible Condemns Laziness.

Proverbs 6:6-8 says: "Go to the ant, you sluggard! Consider her ways and be wise."

Trusting God Should Make Us More Faithful

When we understand that our times are in God's hands, it should actually **increase our diligence**. Because we realize our time is **a gift entrusted to us by God**. *Ephesians 5:15-16: "See then that you walk circumspectly... redeeming the time."*

ACTION STEPS

1. Trust God With Your Future
2. Use Your Time Faithfully
3. Remain Faithful During Difficult Seasons
4. Serve God with Urgency

PRAYER POINTS

- Lord, help me trust Your sovereignty even when I do not understand my circumstances.
- Teach me to use the time You have given me wisely.
- Strengthen my faith during seasons of suffering. Help me remember that You are working all things for good.
- Help me live each day for Your glory and grow into the image of Jesus Christ.

Personal Reflection: